

I loved Adventure treks in every way possible. It is an amazing experience, from the community to the activities you get to do. At first you have doubts that you'll get along with the other people, or you'll get hurt. Ignore all that, everything will work out fine. This is an amazing escape from reality and normal life, a adventure you only get to experience once a year.

From the first hour of the adventure, the instructors are encouraging you to mesh as a group, to not exclude anyone, to not form cliques or groups. To expand your horizons and try to get along with and befriend someone you wouldn't usually hang out with in your normal life.

The activities you do are always geared towards you, your enjoyment and your safety. I climbed 8000 ft mountains and rock climbed sheer cliffs, white water rafted on the lower Klamath river, and sailed on Klamath Lake. How many of you can say you've done anything near as exciting?

Some things you should expect that you wouldn't usually have to are the great food conditions. The food at Adventure Treks is absolutely amazing, but to provide you with that food, you may have to carry it in backpacks, or help prepare it in camp. You can expect to wake up early, and work hard all day, but it's always fun, and you are never sleep deprived.

During the long van rides, you are encouraged to bring and share CDs. It is an excellent way to expand your repertoire of music. There will be stops often and plenty of snacks provided.

Please do this program; you will have the time of your life. Your limits will be pushed, and you may sometimes wish you were home in your bed, but at the end, you will definitely never regret that you've done this.

-Yarden Bleicher  
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